



## Visit The North Valley Farmers Markets!

Picked fresh just for you! Check out the farmers markets located near you. Pick up your weeks worth of fresh fruits and vegetables—get your rainbow of vitamins and minerals!

### Locations and Times:

**Mondays: Lincoln MOB**—Pharmacy Entrance—9am –1pm

**Tuesdays: Folsom MOB** - Pharmacy Entrance—9:30am—1:30pm

**Wednesdays : Riverside MOB** —Courtyard— 9:30am—1:30pm

**Thursdays: Roseville Med Center** – Walkway behind MOB2—9:30am—2:00pm

**Fridays: Sacramento Med Center** – Pharmacy Entrance—9:30am—1:30pm



**Fueling your body** with nutritious food helps provide normal brain & body function.